



## Now What?!

**Series:** Quilted Promises

**Scripture:** Jeremiah 29:1-13

*“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”*  
- Jeremiah 29:11

### NOTES FOR CONTEXT:

Who:

What:

Where:

When:

### What do we do when we blew it?

1. \_\_\_\_\_ up your \_\_\_\_\_ (v11)
  - the confident \_\_\_\_\_ of something \_\_\_\_\_ to happen
  - we're really bad at \_\_\_\_\_ God's \_\_\_\_\_
2. \_\_\_\_\_ of \_\_\_\_\_ you are (v8)
3. You need \_\_\_\_\_ (v7)
  - the \_\_\_\_\_ to \_\_\_\_\_ or to exert power, the \_\_\_\_\_ to make \_\_\_\_\_ that influence your life
  - \_\_\_\_\_ the \_\_\_\_\_ you can
4. We need to have \_\_\_\_\_ (vv5-6)
5. We need to \_\_\_\_\_ to God's \_\_\_\_\_ (vv12-13)
  - We must \_\_\_\_\_ ourselves \_\_\_\_\_ him.

**Start talking.**

- What's one verse you've seen on a quilt, cross-stitch, or graduation card that has encouraged you when taken out of context?

**Start thinking.**

- **Read Jeremiah 29:1–14.** How does knowing this was a letter written to exiles in Babylon change the way we usually read v11?
- Why do you think people are drawn to Jeremiah 29:11 without the surrounding verses?
- God says, "I carried you into exile." How does it challenge your view of God to realize He was behind their exile? When has God used a hard season in your life to bring you back to Him?

**Start sharing.**

- God told the exiles to "build houses, plant gardens, and pray for the city." What does that look like for us as we live in a culture that often doesn't follow God?
- **Anticipation** – Living on tiptoes with hope. Where do you need to shift from "flat-footed" living to living in expectation of God's good plans?
- **Acceptance** – Facing reality. What's something in your life that you've had to accept rather than deny or fight against? How did acceptance open the door for God to work?
- **Agency** – Choosing to act. When have you felt powerless? What small step of obedience or blessing could you take right now to "plant a garden" in your situation?
- **Audacity** – Thinking long-term. What would it look like to live with an audacious faith that impacts not just your life but your children, grandchildren, or others who come after you?
- **Authority** – Yielding to God. Where are you tempted to think you "know better" than God? What would it mean this week to fully seek Him with all your heart?

**Start praying.** Be bold and pray with power.

*Heavenly Father, thank You for the gift of this new day. Guide my every thought, word, and action. Help me to be present today, to love well, and to trust You fully. Give me peace in uncertainty and strength for whatever I face. Amen*

**Start Doing.** Commit to a step and live it out this week

- Which of the five A's (anticipation, acceptance, agency, audacity, authority) do you most need to practice right now?
- Pray for one another to live as God's people—even "in Babylon"—with hope, trust, and obedience.