

words for *worship*



It's Time to Dance

Series: Words for Worship

Scripture: Psalm 149

“Man’s chief end is to _____ God and _____ Him forever.”

- The point of life is _____.

1st word for worship: _____

- Hebrew word used 165 times in the Old Testament
- translated as “praise” but defined as to _____, to make a _____, to _____.
- root word for *hallelujah*
- What it means: it’s time to _____
 - There should be _____ in your life that _____ out from head to toe.
 - is what _____ sounds like
 - comes from an _____ of who God _____, what He has _____, and what that _____ for us.
 - It’s about putting _____ on Him.
- Is hindered by _____, _____, other _____
 - We must _____ out of the _____.
 - You can’t _____ worship.
 - It’s being fully _____.
- it _____ power.

Start talking.

- Do you like to dance? What kind? Do you prefer to watch others do it?

Start thinking. Read Psalm 149

- What four activities are done to praise God (vv. 1-3)? What is God doing to praise the people (v.4)?
- What is meant by singing for joy “on their beds” (v.5; see 63:6)? In a land with few private bedrooms, wouldn't this be a nuisance?
- What's the flip-side of this kingdom of joy (vv.6-9)? Why vengeance? How is this type of activity “the glory” of all saints?
- What strikes you the most from these verses?

Start sharing.

- In our church's worship, can you see God joining in with delight and spontaneity or nodding off in boredom? How about you? What kind of celebration does God delight in?
- What “double-edged sword” to you wield against the “kings” of this world? Are you binding the evil in the world or are you bound yourself?

Start praying. Be bold and pray with power.

God, we praise You and sing to You a new song. We lift our hearts and spirits, rejoicing in Your glory as we gather in Your house. Your pleasure is in Your people, and we are grateful for Your salvation and beauty. As we sing Your praises and celebrate Your faithfulness, may our hearts be filled with joyful exultation, like the saints in the psalm. Let our mouths sing out Your high praise, even in times of peace and rest, and especially when we face difficulty or opposition. Lord, we ask for strength and wisdom to live out Your will in our lives and to serve You faithfully. May we be a people who are known for our joyful worship and our love for Your Word. We pray in the name of Jesus, our Redeemer. Amen." AMEN.

Start Doing. Commit to a step and live it out this week

- This week, challenge yourself to worship God in a way that feels a little undignified—not for show, not for others, but because He is worthy.
- That might mean:
 - Lifting your hands during worship even if you've never done it before.
 - Dancing or moving to a song about God's goodness in your living room or during a worship service.
 - Speaking or singing praise aloud when you're alone and don't feel like it—especially in a moment of discouragement.
 - Letting go of self-consciousness to express real joy over your salvation.